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AFTER TODAY'S TREATMENT

Do not eat or chew for a minimum of two hours and until all signs of numbness (lip, tongue) are gone.

It is possible that your tooth will be sore and tender to bite for a day or two. This is due to the previous condition of the tooth and the cleaning process within the root during treatment. There is no cause for alarm as this is a transient consequence of root canal treatment. Naproxen/Aleve (220mg every 8 hours), Ibuprofen/Advil, Motrin IB, Nuprin (400mg every 4-6 hours) or other similar strength analgesics (aspirin, Tylenol) should relieve the situation. Ibuprofen and Naproxen have good anti-inflammatory effects that aspirin and Tylenol do not have and are the preferred pain relievers for dental purposes. It is recommended that you continue to take these medications for 2 - 3 days after today to help prevent a flare-up. Should you have a throbbing pain or swelling, please contact this office.

While the tooth is tender avoid chewing in the treated area. Soaking the treated area with a teaspoon of table salt in a glass of comfortably hot water helps reduce the inflammation, but Ibuprofen or Naproxen are more effective.

Discomfort following treatment in no way affects the successful outcome of treatment.

It is normal for a thin layer of temporary filling to be worn away between appointments. Should all of the temporary filling come out (or you are in doubt), call the office.

If you have any questions, or problems concerning your treatment, please do not hesitate to call.

REMEMBER, WE ARE AS NEAR AS YOUR TELEPHONE.